

EPISODE 3 CSN COVID-19

COVID-19 Outbreaks in Canadian Hemodialysis Units

Professor of Medicine, Senior Medical Director for NSHA Renal Program and Pharmacy Services

4:00 – 4:05	Introduction Steven Soroka
4:05 – 4:10	Saskatchewan Experience Joanne Kappel and Carol Brown
4:10 – 4:15	Quebec Experience Rita Suri and François Madore
4:15 – 4:20	Newfoundland Experience Brendan Barrett
4:20 – 4:25	Ontario Experience Rebecca Cooper and Phil McFarlane
4:25 – 4:30	British Columbia Experience John Antonsen
4:30 – 4:35	Nova Scotia Experience Angela Shorter and David Landry
4:35 – 4:40	Alberta Experience Sandi Vanderzee and Carol Easton
4:40 - 4:45	New Brunswick Experience Paul Sohi and Shana Balfour
4:45 – 4:50	Prince Edward Island Experience Derek Chaudhary and Cheryl Banks
4:50 – 4:55	Manitoba Experience Mauro Verrelli and Betty Lou Burke
5:00 - 5:30	Open Discussion



I think of others and reach out to help them. I make my talents Meaningful relationships show us we aren't going it alone. available to those who need them. I learn to let go of what I COLLABORATION helps can't control. us be better together. I grab supplies that I I show COMPASSION for Self-love means I stop don't need. compulsively consuming myself and others. what hurts me, from food I contribute to a culture to news. I spread emotions related of Psychological SAFETY. to fear and anger. I thank and appreciate I've become aware of the situation and think about others for their I complain frequently. how to act with RESPECT. Who do I need to be **Growth Zone** Fear Zone **Learning Zone** during COVID-19? I forward all messages I I live in the present and I evaluate information receive. and its intent before focus on the future. sharing with others. **ACCOUNTABILITY** is I am aware, and regulate I get mad easily. my emotions. I spread being responsible. hope and optimism. I identify my emotions. I accept myself in the moment. I am resilient and willing to adapt to new changes. I recognize that we are all trying to do our best. We are in this together. I practice quietude,

humility, and creativity.