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# Fabry Disease: not so rare, just hard to recognize



From Germain OJRD 2010

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Dr. West shares IP in Fabry gene therapy and Fabry cardiac biomarkers.

#### **Objectives**

Participants will be able to

- identify the signs and symptoms of FD
- recognize the importance of earlier diagnosis
- recall screening methods for FD
- describe specific therapies for FD

#### (Anderson)-Fabry Disease

 inborn error of glycosphingolipid metabolism due to decreased activity of lysosomal enzyme α-galactosidase A (α-gal)





• 1000+ mutations

or









## **Fabry Disease - Clinical Features**

Vitruvian Man Leonardo DaVinci

stroke, TIA hearing loss, tinnitus psychiatric, eye disease abnormal facial appearance dyspnea, cough -heart failure, dysrhythmias -abdominal pain, cramps, diarrhea, weight loss, nausea kidney failure angiokeratomas infertility aches and pains, osteopenia Acroparathesia edema, pseudoclubbing

#### Samiy Survey Ophth 2008;53:416; Sodi Br J Ophth 2007;91:210;

https://www.fabrycommunity.com/en/Healthcare/About/Diagnosing/Ophthalmologists.aspx; Michaud J Ophthalmology 2013.doi.org/10.1155/2013/207573; Ries Genet Med 2006;8(2):96; Alroy JASN 2002 13:S134; Sanofi-Genzyme; own pictures.

## Phenotypes

	Type I Classic				
	Male X*Y	Female X*X	Type II variant		
Onset	Early-c	hildhood	Late-middle aged adult		
Severity	Moderate to severe	Mild to severe	Mild to moderate		
Organ involvement	All sy	ystems	Cardiac, renal; other organs limited		
Mutations	Majority	e.g. A143P	Select few e.g. N215S		
A-gal activity	<5%	5-100%	5-30%		
Gb3 deposits	Extensive, all cell types		Limited, cardiomyocytes, podocytes		

## Fabry Cardiomyopathy

# 50% of patients display fibrosis assessed by late enhancement cMRI Moon *et al* Eur Heart J 2003



midmyocardial fibrosis + LVH





transmural fibrosis + regional LV-thinning



- decr HR variability, incr PR
- arrhythmias-SV, V, tachy, brady, WPW
- sudden cardiac death
- HCM, prominent papillary muscle, MVP
- diastolic HF
- chest pain: small vessel disease
- hypertension
- abnormal coronary microvascular function

Courtesy of Dr F Weidemann Wuertzburg Takenaka et al J Cardiol 2008;108:50

#### Fabry Neurologic Disease



#### White matter lesions



Dolichoectasia



Stroke < 55 yrs



Pulvinar sign

- sensory peripheral neuropathy acroparesthesiae
- hearing loss, tinnitus, vertigo
- autonomic neuropathy, hypo/hyperhidrosis
- neuro-ophthalmologic disease
- distal ischemic myopathy
  - cognitive impairment

Germain OJRD 2010;5:30; Fellgiebel Lancet Neurol 2006;5:791

## Fabry Nephropathy

- Gb3 deposits in podocytes, all kidney cells
- pathologic changes before abnormal GFR, albuminuria
- deposits early in both males, females
- why do so few women progress to ESRD?
- why do males and females start dialysis at same mean age?

#### Vascular sclerosis







#### Foot process effacement



**FSGS** 



Germain OJRD 2020;5:30; Atlas of Renal Pathology. http://www.ajkd.org/pb/assets/raw/Health%20Advance/journals/yajkd/atlas37 4.htm; Tondel et al Am J Kidney Dis 2008;51:767; Tondel

#### **Fabry Renal Disease**

- progressive since in utero
- isolated proteinuria, hematuria, lipiduria without proteinuria
- CKD 30's
- dialysis mean age 42 (Thadhani et al Kid Intern 2002;61:249)
- hypertension late





Branton et al Medicine 2002;81:122

#### Natural History Fabry Nephropathy: M vs.F



120

80

40 20

Ë 100

5 60





Courtesy of Dr. David Warnock UAB



Schiffmann et al Nephrol Dial Transplant 2009;24:2102; Adapted from Schiffmann et al Nephrol Dial Transplant 2009;24(7):2102; Adapted from Germain et al J Am Soc Nephrol 2007;18: 1547; ERT enzyme replacement therapy

#### **Progression of Fabry Nephropathy**



adapted from Schiffmann et al Kidney International 2017;91:284; Rombach et al Mol Genet Met 2010;99:99; Rozenfeld et al Mol Genet Met 2020: 129:132; Atlas of Renal Pathology. http://www.ajkd.org/pb/assets/raw/Health%20Advance/journals/yajkd/atlas37 4.htm; Germain OJRD 2020;5:30; Tondel et al Am J Kidney Dis 2008;51:767

#### **Role of Renal Biopsy**



- Confirm Fabry nephropathy
- Especially in women
- Issue of concurrent renal disease: DM, SLE, ANCA+, IgA-N, MCD, MGN, other GNs
- Confirm pathogenicity of GVUS
- Monitor effect of Rx

Atlas of Renal Pathology. http://www.ajkd.org/pb/assets/raw/Health%20Advance/journals/yajkd/atlas37\_4.htm

#### Factors influencing outcomes

- Age
- Gender
- Phenotype
- GLA mutation
- Residual enzyme activity
- Other-VDR polymorphisms, IL-6
- Treatment, timing, ? ERT dose

#### Survival on Dialysis USRDS 1995-98



Thadhani et al Kidney Int 2002;61:249

#### Fabry Disease - Pathophysiology

- accumulation of glycosphingolipids in plasma, lysosomes of tissues e.g. Gb3; increased lysoGb3
- small vessel vasculopathy
- apoptosis increased by oxidative stress
- increased thrombosis, inflammation, fibrosis
- increased circulating myeloperoxidase
- other lysosomal functions altered-autophagy, cell regulation, stress response, signaling

Rombach et al Mol Genet Met 2010;99:99; Rozenfeld et al Mol Genet Met 2020: 129:132; Atlas of Renal Pathology. http://www.ajkd.org/pb/assets/raw/Health%20Advance/journals/yajkd/atlas37 4.htm

#### Fabry Disease - Pathophysiology



Rozenfeld, Feriozzi, Mol Genet Metab 2017;122:19

#### **Diagnosis of Fabry disease**

- low α-galactosidase activity
- GLA gene mutation
- increased urine Gb3, plasma lysoGb3
- females mosaics, a-gal low/normal, DNA analysis
- + family history; new mutations 5% no family history
- biopsy kidney

## Think of Fabry disease when

- Unexplained chronic kidney disease
- Lipiduria in the absence of proteinuria
- LVH, arrhythmias
- Chest pain w negative cardiac catheterization
- Stroke/TIA under 55 years
- Myalgias, arthralgias
- Irritable bowel symptoms
- Sensory peripheral neuropathy
- Angiokeratomas/facial dysmorphism







#### Why is Fabry disease difficult to recognize?

- relatively rare
- not often taught in medical school
- family history may be negative-new mutation, adoption, divorce etc.
- shares clinical features with far more common conditions
- phenotype varies widely, even within families, males vs. females, late onset variant disease
- medical specialization, sub-specialization

## 6 blind wo/men and the elephant



#### Who diagnoses FD?



Ramaswami et al FOS poster presented at WORLD meeting, Orlando FLA USA Feb 11, 2020

#### Fabry disease is an old disease in Canada

#### ANGIOKERATOMA CORPORIS DIFFUSUM UNIVERSALE (FABRY'S DISEASE) IN TWO BROTHERS\*

J. E. BETHUNE, M.D., F.R.C.P.(C),† P. L. LANDRIGAN, M.D.,‡ AND C. D. CHIPMAN, M.D., F.R.C.P.(C)§

HALIFAX, NOVA SCOTIA

A NGIOKERATOMA corporis diffusum universale, or Fabry's disease, was regarded as a dermatologic curiosity until a description by Ruiter and Pompen<sup>1</sup> from the Netherlands in 1939 suggested It is apparent from a review of the cases reported that a characteristic clinical pattern of progressive disease develops. At about the time of puberty in males, skin lesions that are only slowly progressive

#### Bethune et al NEJM 1961;264:1280



Tancook Island NS

Personal photograph



#### Nova Scotia Fabry Disease Kindreds



#### Is Fabry disease a rare disease in Nova Scotia?

- NO!
- Nova Scotia kindred 100+ / 1M ~1/8,000
- A143P Nova Scotia mutation
- large founder effect
- 1/117,000 population
- newborn screening 1/1,600 males Taiwan, 1/4,000 Italy

Meikle PJ et al JAMA 1999, 281:249; Lin et al Circ Cardiovasc Genet 2009;2:450-6;Spada et al Am J Hum Genet 2006;79:31

#### Is Fabry disease a rare disease in Canada?

- Maybe
- Canada 450+ / 38.4 M ~ 1/85,000



#### Why screen for Fabry disease?

- diagnostic delay common ~15 years from onset of symptoms to diagnosis (Germain OJRD 2010;5:30)
- 5% patients no positive family history
- treatable disease-specific therapies
- progressive disease so earlier therapy before fibrosis of myocardium or kidney gives better results
- allows genetic counseling, informed reproductive choice
- recommended by 2017 KDIGO FD conference (Schiffmann et al Kid Intern 2017;91:284-93)

## Screening for Fabry disease

- dried blood spot samples
- A-gal activity, Gb3, IysoGb3, GLA mutational analysis
- variety of screening strategies
- cost is decreasing



Chamoles *et al* Clin Chim Acta 2001;308:195; Linthorst *et al* Nephrol Dial Transplant 2003;18:1581. Rombach *et al* Biochim Biophys Acta 2010;1802:74;Auray-Blais et al Clin Chim Acta 2010;411:1906; presenter's picture



can find up to 7 additional relatives from a single proband (Bekri et al Nephron 2005;101:c33)

#### High Risk Screening

combined data 63 studies FD screening 51,363 patients: 33,943 M, 17,420 F (1995–2017)

	Sex	Studies n	Screened n	Positive n (%)	Pathogenic	Benign
Hemodialysis	М	27	23,954	101 (0.42)	50	51
	F	20	12,866	87 (0.68)	19	68
LVH, HCM	М	16	4,054	49 (1.21)	38	11
	F	12	1,437	22 (1.53)	13	9
Stroke	М	16	3,904	26 (0.67)	5	21
	F	14	2.074	23 (1.11)	3	20

Adapted from Doheny et al J Med Genet 2017;55:261

#### FD screening in CKD

- 397 CKD patients, 70.3% male, median age 68 y (range: 32–75 y)
  - 153 (38.6%) stage 3 eGFR 30-60 ml/min/1.73m<sup>2</sup>
  - 236 (59.6%) stage 4 eGFR 15-30
  - 7 (1.8%) stage 5 eGFR <15
- Increased urinary Gb3 found in 13.6%
- No FD pts found after DNA analysis, α-gal activity done Auray-Blais et al Clinica Acta 2020;501:234-40
- 2 FD w pathogenic GLA mutations/72 (2.7%) renal clinic patients in Italy with CKD, proteinuria, albuminuria

Favalli et al JACC 2016;68:1068

#### **Problems with Fabry Screening**

- polymorphisms D3113Y, R112H, E66Q, P60L, A143T
- genetic variant of unknown significance (GVUS)
- risk of misdiagnosed and mistreatment with costly ERT

#### Novel strategies for rare disease screening

- CKD w over 500 single gene disorders
- 30% + of CKD pts w genetic condition
- Use of EMR ± machine learning to screen using algorithm with clusters of signs and symptoms
- Use of gene chips to screen for multiple genetic conditions
- phenotypes overlap; NGS/WES can identify misdiagnosis in 10%
- WES can identify causative gene in up to 37%

Bullich et al Kid Intern 2018;94:363-71; Connaughton et al Kid Intern 2019;95:914-28; Groopman et al NEJM 2019;380:142-51; Garcelon et al Kid Intern 2020;97: 676-86; Schonauer et al Genet Med 2020;22:1374-83



## **Canadian Fabry Treatment Guidelines 2020**

- **Kidney disease -**function 10% < normal or fall 15% fall from prior GFR, proteinuria>500mg/d, renal pathology M; minor: NDI, Fanconi, HBP, proteinuria >300mg/d, hyperfiltration, renal pathology F
- Heart disease incr WT, LVH, LVMI, arrhythmia, heart block, diastolic CHF, incr LA, VHD, abn tissue doppler, cMRI LE, NT-proBNP
- TIA/strokes, acute hearing loss
- Uncontrolled GI symptoms
- Uncontrolled neuropathic pain

#### Fabry Disease Treatment 2021

- Control risk factors-high cholesterol, smoking, high blood pressure
- Stroke prevention-ASA, clopidogrel
- Control nerve pain with medications-Gabapentin
- Limit urine protein-ACEinh, ARB, low salt diet, Vitamin D
- Enzyme replacement therapy, chaperone
- Kidney transplant, dialysis
- Multidisciplinary team, regular follow up
- Investigational treatments-gene therapy, Lucerastat, modified ERT

## Enzyme Replacement Therapy with rhα-galactosidase A

- infusion every 2 weeks
- taken up via m-6-P receptor, to lysosome
- agalsidase-beta 1.0 mg/kg over 90-500 minutes
- agalsidase-alfa 0.2 mg/kg over 40 minutes
- Issues: iv access, infusion reactions, antidrug antibodies, cost



Eng et al NEJM 2001;345:9



Clarke J. Ann Int Med 2007;146:425-433

## Efficacy of Enzyme Therapy

pre/post agalsidase- $\alpha$  infusions q 2 weeks x 12



Schiffmann et al JAMA 2001;285: 2743-2749

Phase IV Agalsidase- $\beta$  Trial: time to first clinical outcome



Proteinuria ratio adjusted Kaplan-Meier predicted probability of an event where baseline proteinuria ratio value = 1.0

Banikazemi et al Ann Intern Med 2007;146:77-86

#### Efficacy of ERT

- reduction of GI symptoms diarrhea, gas, bloating,
- reduction of neuropathic pain, stabilization of WML
- return of sweating
- increased well being, exercise tolerance
- return to work, school
- slows decrease in eGFR, increase in LVMI
- May decrease stroke prevalence
- Does not decrease proteinuria

#### Long Term Renal Outcomes on ERT

- HRI uPCR >0.5 g/g or ≥50% sclerotic glomeruli at BL
- LRI uPCR ≤0.5 g/g & <50% sclerotic glomeruli</li>
- 81%; 42/52) no clinical events
- 94% (49/52) alive at 10 years
- 3 deaths, 2 renal events



Germain et al J Med Genet 2015;52:353-358.

## Pharmacologic Chaperone-Migalastat

- oral EOD, nontoxic, reversible, competitive inhibitor of a-gal A
- promotes enzyme folding, dimerization, processing in ER
- prevents proteasomal degradation of misfolded mutant enzyme
- increases residual a-gal activity
- useful for only certain α-gal A mutations
  -25% FD pts in Canada
- No infusion reactions, antibodies





Frustaci et al NEJM 2001;345:25-32

## **Modified ERT-Pegunigalsidase**

- human α-galactosidase enzyme made in tobacco plant cells *in vitro*
- more stable, safe, effective, well tolerated
- may cause less antidrug antibodies,
- different structure: 5 PEG molecules on surface
- phase III studies in adults
- lasts 25x longer with higher levels in blood than current ERT
- 1 mg/kg iv q 2 weeks



#### Ruderfer Bioconjugate Chem 2018;29:1630





#### Schiffmann New Horizons in Fabry Disease 2017 Prague

#### Substrate Reduction Therapy Lucerastat



ERT agalsidase alfa 0.2-1.0 mg/kg EOW vs. Agalsidase beta 1.0 mg/kg EOW 4; alfa 0.2 mg/kg EOW 6 + SRT



#### Guerard et al Clin Pharmacol Therap 2018:103:703

#### Lentivirus-mediated gene therapy for Fabry disease

Aneal Khan<sup>1</sup>, Dwayne L. Barber <sup>2,3</sup>, Ju Huang<sup>2</sup>, C. Anthony Rupar<sup>4,5,6</sup>, Jack W. Rip<sup>4</sup>, Christiane Auray-Blais<sup>7</sup>, Michel Boutin<sup>7</sup>, Pamela O'Hoski<sup>8</sup>, Kristy Gargulak<sup>9</sup>, William M. McKillop<sup>9</sup>, Graeme Fraser<sup>10</sup>, Syed Wasim<sup>11</sup>, Kaye LeMoine<sup>12</sup>, Shelly Jelinski<sup>13,14</sup>, Ahsan Chaudhry<sup>15</sup>, Nicole Prokopishyn<sup>16</sup>, Chantal F. Morel<sup>17</sup>, Stephen Couban<sup>18,24</sup>, Peter R. Duggan <sup>19</sup>, Daniel H. Fowler<sup>20</sup>, Armand Keating<sup>2,21</sup>, Michael L. West<sup>22</sup>, Ronan Foley<sup>8</sup> & Jeffrey A. Medin <sup>2,9,23<sup>14</sup></sup>



Permission was obtained to use patient image



Nov. 2018: patient 4 during infusion of transduced cells in Halifax

Khan et al Nature Communications 2021;12:1178

#### LV mediated gene therapy

Khan et al Nature Communications 2021;12:1178



#### Conclusions

- Fabry disease not so rare; RF predominates in men
- Hard to recognize due to marked variability in phenotype, common clinical features: CKD, early strokes, cardiomyopathy with dysrhythmias
- Screening for FD recommended to improve outcomes as a treatable cause of CKD; need novel strategies
- Control proteinuria, blood pressure, vascular risk factors
- Treat early: ERT, chaperone therapy
- Future therapies: gene transfer therapy

#### **Questions?**

#### **Classical Phenotype?**



Venus de Milo, Alexandros of Antioch; https://www.louvre.fr/sites/default/files/medias/medias\_images/images/louvreCould it be Fabry disease?



The Thinker, Auguste Rodin; https://www.google.com/url? sa=i&url=https%3A%2F%2Fwww.tripimprover.com%2Fblog%2Fthe-thinker-by-augusterodin&psig=AOvVaw1w5E\_HvQByHdvd5a2r3Cbv&ust=1611364064785000&source=images&cd=vfe&ved =0CAIQjRxqFwoTCPCCocetru4CFQAAAAAdAAAAABAD



# QUESTIONS & ANSWERS

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